

## **Fort Worth ISD Employee Resources**

During these difficult times, Fort Worth ISD (FWISD) employees may seek assistance from a variety of resources. Ten resources that offer the most comprehensive information and services include: City of Fort Worth, Cook Children's Health Care System, FWISD Employee Assistance Program (EAP), FWISD Family Communications, Tarrant Area Food Bank, Tarrant Cares, Tarrant County Childcare Management Services (CCMS), 2-1-1 Texas, The Find!, and The University of North Texas Health Science Center at Fort Worth (UNTHSC).

Information related to each resource is shown below.

### 1. Tarrant Area Food Bank (TAFB)

- In addition to the food pantry, TAFB assists clients apply for food aid (including Supplemental Nutrition Assistance Program (SNAP), financial assistance and healthcare.
  
- There is a tool to input a zip code to find a food distribution site within 10 miles.
  - <https://tafb.org/find-food/>
  - <https://tafb.org/services/social-services/>

### 2. 2-1-1 Texas

- 2-1-1 Texas is a Texas Health and Human Services Commission program. It helps Texas citizens connect with needed services by phone or internet. 2-1-1 Texas provides accurate, well-organized and easy-to-find information from state and local health and human services programs.
  
- If you need assistance finding food, pay housing bills, or essential services, there is a search bar for the local 211 services available, or dial 211 to speak to someone.
  
- COVID-19 information is available at <http://www.211.org/services/covid19>.
  
- 2-1-1 Texas is a free, anonymous social service hotline that's available 24 hours a day, 7 days a week, 365 days a year.
  
- Services – <https://www.211texas.org/guided-search/>:
  - Housing/Shelter
  - Employment
  - Food/Nutrition
  - Veterans
  - Crisis/Emergency
  - Income/Expenses
  - Legal Aid/Victims
  - Aging/Disability
  - Health/Medical
  - Mental Health
  - Child Care/Education

3. FWISD Family Communications has developed an external list of community resources.

- External Community Resources List –  
[https://docs.google.com/spreadsheets/d/1D1Zc-ZrUtO3oegQ2\\_9RFjzBYte\\_K7K6a1vQbx1dKSeo/edit?usp=sharing](https://docs.google.com/spreadsheets/d/1D1Zc-ZrUtO3oegQ2_9RFjzBYte_K7K6a1vQbx1dKSeo/edit?usp=sharing)

4. City of Fort Worth

- According to the City of Fort Worth, citizens are encouraged to call 211, 24 hours a day, for a comprehensive list of community services. The Community Engagement Office has also compiled a list of groups willing to provide additional assistance during this time. Some of the groups are faith-based, while others are area agencies that are accustomed to helping others.
  - <http://fortworthtexas.gov/COVID-19/community-resources/>

5. FWISD Employee Assistance Program (EAP)

- The FWISD EAP program provides a myriad of free services to assist employees. Services include:
  - Marital/Relationship issues
  - Psychological/Emotional issues
  - Family problems
  - Legal or financial concerns
  - Stress from any source
  - Job-performance issues
  - <https://www.fwisd.org/Page/8039>
  - Drug/Alcohol- related problems
  - Consultation regarding EAP options
  - 1.800.343.3822
  - 1.800.448.1823 – TDD
  - 1.800.334.TEEN (8336)

6. Tarrant Cares

- Tarrant Cares is an online information service. This one resource provides the following services:
  - Children/Families
  - Domestic, Sexual and Other Violence
  - Intellectual and Development Disabilities
  - Mental/Behavioral Health
  - Prenatal to Age 5
  - <https://tarrant.tx.networkofcare.org/family/index.aspx>
  - Seniors/Adults with Disabilities
  - Veterans, Service Members and their Families
  - Public Health/Healthy Communities

7. Tarrant County Childcare Management Services (CCMS)
  - Childcare subsidies – only 600 slots available.
    - <https://tarrantcountyccms.org/>
8. The Find!
  - The FIND! Child Care tool is intended to serve working parents employed at essential businesses during the Tarrant County community response to the COVID-19 emergency.
    - [https://find.bestplace4kids.com/families?utm\\_campaign=b7f23fca-2149-4a43-a0fc-f702462f1e0d&utm\\_medium=community&utm\\_source=](https://find.bestplace4kids.com/families?utm_campaign=b7f23fca-2149-4a43-a0fc-f702462f1e0d&utm_medium=community&utm_source=)
9. Cook Children's Health Care System (Cook Children's)
  - Cook Children's has programs and online information available to assist with parenting.
    - Parent Resources – <https://www.cookchildrens.org/coronavirus/Pages/default.aspx>
    - Parent Center – <https://www.cookchildrens.org/health-resources/Pages/parent-center.aspx>
    - The Center for the Prevention of Child Abuse and Neglect – <https://www.cookchildrens.org/maltreatment/Pages/default.aspx>
10. The University of North Texas Health Science Center at Fort Worth (UNTHSC)
  - UNTHSC offers free virtual medical consults for children during COVID-19.
  - Call or text 817.929.5437 with child's name, date of birth and medical need.
    - [https://www.unthsc.edu/patient-care/mobile-peds-clinic/locations/?utm\\_campaign=d38774e2-98cd-4053-a8d2-2e2d3c8670c0&utm\\_medium=community&utm\\_source=](https://www.unthsc.edu/patient-care/mobile-peds-clinic/locations/?utm_campaign=d38774e2-98cd-4053-a8d2-2e2d3c8670c0&utm_medium=community&utm_source=)