

**COVID-19**

**COVID-19 is a new disease, caused by a novel (or new) coronavirus that has not previously been seen in humans.**

**Fort Worth ISD** **is actively collaborating with Tarrant County Public Health and the Texas Department of State Health Services to *“Know The Plan”* about the coronavirus disease 2019 (COVID-19).**

**What You Need to Know**

**How is it spread?**

* Through coughing and sneezing
* Close personal contact, such as touching or shaking hands
* Touching an object or surface with the virus on it, then touching your mouth, nose, or eyes before washing your hands
* BecauseCOVID-19 is new, we are learning more each day about the transmission patterns and incubation periods.

**What are the symptoms?**

* Fever
* Cough
* Difficulty breathing
* Severe illness
* **Anyone exhibiting these symptoms should be seen by their primary care physician as soon as possible**.

**What can I do?**

* Wash your hands frequently with soap and water or alcohol-based hand rub
* Help your young students to wash their hands well
* Do not drop off your sick child at school
* Stay home when you’re sick
* Cover your nose and mouth when coughing and sneezing with your sleeve or a tissue
* Avoid close contact with anyone with cold or flu-like symptoms

**Where can I get more important information?**

Please visit the [COVID-19 page on the Tarrant County Public Health website](https://www.tarrantcounty.com/content/main/en/public-health/disease-control---prevention/coronaviruas.html?linklocation=departmentcarousel&linkname=Public%20Health:COVID-19%20(Coronavirus)). There you will find a hotline telephone number that is currently being answered during business hours.

To view the State of Texas COVID-19 Dashboard, visit [www.fwisd.org/COVID19](http://www.fwisd.org/COVID19)